WORKER'S JOURNAL

'57 Model Grinds Auto Workers
By CHARLES DENBY

Workers in the plant are asking each other why they are paying union dues. For several years past, you could hear this among individual workers, but not in such great numbers as today.

Since the beginning of the '57 model, everything is happening against the production workers: from extra speed-up, to being sent home all hours of the day, nights and weekends, all hours, to getting their fingers cut off and their hands crushed in these automation machines.

And nothing, not a word, from the union leaders about these conditions.

NIGHT-SHIFT SITDOWN

The night-shift workers had a sitdown over speed-up. Every worker in the plant knew their grievances were absolutely legitimate.

On the previous model, workers on the lines were entitled to a six-minute break each hour. They also got a ten-minute relief in the morning and ten minutes in the afternoon. The lines they work are responsible to feed another department that runs continuously. Workers in that department got a 15-minute break and a ten-minute break in the morning and the same in the afternoon.

The company and union agreed, during those past years, that it was necessary for a worker to go to the can twice in the morning and twice in the afternoon.

NO RELIEF FOR '57

On this '57 model, these lines are connected in these two departments. Neither stops from morning until noon. Then from lunch-time until quitting-time they do not stop. A worker can be fired if he leaves the line and lets a job pass his point of operation.

Department 2 says it cannot get 15 and ten-minute breaks twice a day. Workers in department 1 do not get their six minutes on each hour. They only get ten minutes relief in the morning and ten in the afternoon.

Their grievance was that they should get the same relief as the workers in department 2. The company refused. The workers in department 2 say that workers in department 1 should not work unless the company grants them the same relief they have.

Every worker knows that if the company gets away with it, they will say that workers in department 2 should not have more relief than workers in 1.

COMMITTEE MAN BUNKS SUPERINTENDENT

Workers in department 1 struck over it. The plant commitment came running, the superintendent with them. The commitment yelled, "Go to work." The superintendent came running, the superintendent with them. The committeeman yelled, "That is true. We can discuss that." And another said, "The contract was agreed on for the five o'clock shift. The company grants them the same relief they have.

Every worker knows that if the company gets away with it, they will say that workers in department 2 should not have more relief than workers in 1.

Committee man bunks superintendent.

A worker yelled, "What happened to those 500 grievances the president said they had from last year?"

"That was then," said, "Emile Masy said the time to strike would be at the beginning of this model; that the company would be so anxious for their new cars to hit the market that they would be glad to settle grievances."

And another said, "The agreement was on a bargaining table. Right? How is it the company sends the majority of us home every day at ten, eleven, twelve and one—making it a very small minority work eight hours, nine and ten hours, six and seven days a week?"

"The contract specifically states that overtime in a department should be divided equally as possible among workers in that department."

The committee man said, "We can discuss that. Now you must first start this line to rolling."

"The workers have not seen him since."

LIKE A HORSE

One worker said he is going to bring a tin can to the union leaders about these conditions.

"I am being worked like a horse so I have to do my business like a horse—while I am working."

AMERICANS SUFFER THE "DISEASE OF MODERN TIMES," DOCTOR SAYS

The American people are very much concerned with health. Few, however, are aware of the very close connection between the health of the individual and that of the nation. Over many decades, the well-being of Americans has been directly proportional to the economic development of our country.

There are two ways of looking at disease and both of them are correct. There are disturbances of the entire body resulting from local disease of an organ; and there is local disease from a disturbance of the whole individual.

Thus far most of our attention has been focused on the local disease, without much consideration of the whole person. Much more can and must be accomplished in this direction than is now being done.

Overcoming common diseases depends on major medical research. We, as a nation, are spending 40 to 50 billion dollars for defense each year. For support of medical research, however, in schools and universities—the private institutions where most of the basic research is done—the federal government contributes one-tenth of one percent of that spent on military weapons, or about 50 million dollars.

ONE-TENTH OF 1%

Many will recall the influenza epidemic of 1918 in which, during a period of four months, 400,000 people died in the U.S. alone and 15,000,000 in the world.

Thirteen years later, in 1931, a lone investigator, interested in an obscure disease of swine, discovered the first influenza virus and started a chain of events that today makes possible the prevention of another such catastrophe.

In a recent newspaper article a physician who is recognized as an "authority on health" set out to explain why so many draftsmen are rejected for military service. He attempted to squelch criticism by explaining that it was simply a matter of "the definition of fitness." He found great satisfaction in the reduction of death from infection, which he attributed to pem-
You Can Get Killed Working "Under Protest"

PURSGLOVE, W. Va.—They tried it before and killed one man. Now they're trying it again.

In the coal company's drive to keep cutting down on the number of men, they are always looking around and Very shortly after they say they can think they can get away with.

Now it's the inside tipple man—they're trying to get rid of. The inside tipple-man's job is to keep the coal running through the million of buggies empty the coal that is loaded at the face.

The coal cars are moved by means of a steel cable. When you get a bunch of loads on the cable, it's under a terrific strain. This buggy man was changing the load from one to another. There is a lot of loads to contend with. He had moved the cable and hooked it in the car. The cable was changed. No one knows exactly what it was. Some guys have said it was a hook that wasn't properly set and, when the cable started to take the weight of the loaded cars over the rail, the hook caught the buggy-runner and crushed him.

The men raised plenty of hell over that. The buggy-runner was no tipple-man. He was a buggy-runner and should not have been the one to handle the tipple. There is plenty of a job that the company has put it on the same side that the buggies are when they are unloading. No more crawling between changing the face, there are some who are not willing.

While there are some buggy-runners who may be killed, there is no death of someone who is killed.

"DIE UNDER PROTEST?" You can read it, but you never "under protest" if there is something about a setup that a man doesn't like. This man was having nothing of that noise. The committee went on to explain that the combination-of-jobs principle was an agreement made by the district and company and that the men know they need combine jobs. This argument meant even less to him.

"It's just not safe," he told them, "I'm not working under protest. I'm just doing it. What will good working under protest do me if I get killed? The company can lay me off that night, and I have a wife and kids if something happens to me. We already had one man killed because the company tried this before. I know that I'm not going to be the next one.

MINERS LOOKING FOR NEW WAY OUT

MORGANTOWN, W. Va.—"The combination-of-jobs principle," that the coal companies are using to cut down on the number of men, goes back to World War II. At that time, there were a shortage of men and an agreement was made between the company and union that a miner could keep operating under his classification.

During the war, this principle was used extensively. A miner did any number of jobs, depending on where there was a need for it. After the war, however, this practice was discontinued. A man had to choose what he was going to do. A boss wouldn't think of asking one man to do another man's job.

Then came the CHANGE.

"In the early 1950s, the companies started to change. The coal industry itself and mines were closed by the scores. The coal operators cut the number of men. The mines they operated as well as on the number of men they used in the ones they kept.

In times like these, there are some men who will do anything to keep a job. In times like these, the union loses strength. Under good conditions they may fight for more man-hours, but in bad they practically fall apart.

If the men start to object to what the company is trying to get away with, the union wheels are among the loudest. You'll hear the tearing. 'We've got to go along with the company. They're in a tough situation. You have to give them what they want.'

They say this to the guys who are still working. Nothing about the guys who have been laid off. If they're going to be kept laid off because the company will speed up and combine jobs, the ones who are left. That's what the company wants. In the company's drive to keep the coal going, the company must be properly filled. Now the company wants the bugger-runner.

FIRST TRY ENDS IN DEATH

The company had tried this before. Very shortly after they tried it, one buggy man was killed.

For months and several of the people in the group I work with have asked to become a steward. We've told them it's a job and that they ought to think about running for an office and I refused because I said the contract would not allow me to be any different from those already in office.
Company Moves South for “Cheap” Labor

LOS ANGELES—Where I work there are a couple of men from an outside company who are helping to rework some defective parts that the company they work for sent in.

This year their company is going out of business. It was a pot and pans and aircraft parts business.

It seems that the bottom

Safety Second

Company First

WEST VIRGINIA — I worked on a right-of-way crew for the local electric company this summer along with some other temporary labor. We cleared brush to make way for new electric lines they are putting through.

On this job they continually stressed safety until one day ran out of your ears, but we still had the highest accident rate in the company.

The company has at least one safety meeting a week. In these meetings we are supposed to voice what we think should be done about safety. We tell them. But what happens to the suggestions we make?

"TRY AND GET ONE"

A few weeks ago they sent the right-of-way crew that I was working on and made two crews out of it. The crew I was on went with the left-hand side kit. Someone from our crew brought this up, but all the company men could say was that they "would try and get one."

They tried for a week and a half and ended up with one snake-bite kit, a box of small band-aids, a box of large band-aids, one bottle of antiseptic and three bottles of poison ivy wash. Nothing that could except that of a snake bite.

"UP FROM SLAVERY"

One day my mother told me that I had to go to the mornin' meeting and cover the company so that I could be saved. I was in school at the time and I went to my teacher and asked him, "If I go up to the preacher to be saved, will I have to say that that older people do in church?"

He said, "No. You don't have to say that older people have something to shout for because they once were under slavery where they could be killed so many of our forefathers for nothing.

But he came and said that they were free and they could go out on their own to make a living. They had to do somethin' for themselves, like going to work, fighting and makin' a life for themselves. They knew God does so much and that is all.

"ENOUGH FOR ME"

God spoke and said, "Let there be light." And there was light. And then he said, "I am good to all mankind." And that was enough for me to keep up the Good Word by fighting for freedom.

The Working Day

By Angela Terrano

What kind of life do you think I had? Sure it is not one where you spend 10 hours a day on your job, then come home and don't even feel like doing much of anything else.

A RAT RACE

A man comes home from work, sits down to read his paper and waits for dinner, or maybe even starts dinner. You kill a woman just never stops working. Even when she does say, "The cock with the house tonight," she just has to catch up with the work the next day. Sometimes you feel it is just rat race.

It is like the factory clock. The foreman does not stand over you and say, "Where's the last 5 minutes of the day, but you have to get your pre-determined out of the way." I hope no one thinks I am talking about man vs. woman. That is too simple.

It is much more than that. You marry someone because you love them and want to have a family. But to be able to live he has to get a job. It is hard for a factory worker, no matter how much it may be.

Sometimes you have to work too.

WHAT HAPPENS DURING THOSE WORKING HOURS? I spend eight hours of the day doing something I can do in four. It is dragged out to stop the company, but they don't care about the work, so they don't care about you. Their work comes first.

The funny part about it, is that much of it is preparation to go back to work the next day, a thing that is supposedly yours isn't either.

One friend said very plainly, "If I had to do it all over again I wouldn't get married. You can stay single, or get married, and have all the things you have in marriage—without spending your life working and serving a man. If you have to stay home and take care of the children they are not necessary.

WHO'S CONDITIONED?

I was talking to a friend of mine about how women, besides working in the factories, they also work in the home and serve their husbands, too.

I asked my companion to this, in this land where marriage is supposed to be a 50-50 proposition, what it is, "Because, sir, women are conditioned." He caught himself and laughed and said, "You mean really is the man that's conditioned from birth to the idea that a woman can do all that's to do with the home."

Unions Don't Do Anything About Discrimination

The unions don't go out of their way to do anything about discrimination, says one, "We really don't care, we just really get me about the union.

It has always got me how instrumental the Negro has been in slaving about the uni- tion, and fighting to get the union, and yet the union doesn't do a thing for Negroes now. They have never done a thing about the appalling of Negroes in the mills. They just take our dues along with the others.

Steelworker

Pitts., Pa.

In the early days the company feared the District. And everything went well. But when anything comes up, the company isn't afraid of the District. In fact, it's the company that wants the District to come in.

I've seen it happen so many times. A local situation would come up, and the local would just about have the issue won. Then the company would call in the District, and sure as shooting, the District would reverse the local settlement.

The only exception is when an issue about discrimination comes up. That's the time the District won't do a thing. Except to tell us that we know how to settle our own issues.

I was at a meeting one day when the District officer was soft-peddling it. I got up to say something. He pointed his finger in the back of the room, and said, "It's fellows like you who cause all the trouble."

I pointed my finger right back and told him, "And it's fellows like me who are responsible for you even having this job! If it wasn't for hundreds of fellows like me following Mother Jones all up and down these hills, there wouldn't even be a union for you!"

Those fellows in there now never fought or suffered for anything. They just came in and took over the union we had built.
Bulging "Pockets of Depression"

The "pockets of depression" bulge forth from what the Republicans keep calling "the best four years of our lives," are a great deal more real than the promises of "pie in the sky" from both capitalist parties. The latest critical situation to arise is in the textile field.

The Textile Workers Union has issued a report which states that 1,000,000 textile workers and their families now are "condemned to an ever-declining standard of living."

This is true from New England to the South. But the situation is explosive in the South which has lured Northern capitalists with its brazen baots of unorganized and therefore "cheap and contented" labor.

What the union shies away from is its own inactivity in getting the Southern textile workers to organize. The problem, of the real crisis-torn world, to "machines to machines and electronic devices."

The labor bureaucracy—along with the Republican and Democratic parties—is blocking the way out.

The "New" (Pleas-in-the-Sky) Nixon

A "new" Nixon is on the scene. Butter wouldn't melt in his mouth. He built promising workers the four-hour day, Negroes freedom from all discrimination; and being a gentleman towards Democrats, that he has covered up—(his thinkings) completely the "old" Nixon which he's been kicking at and McCarthyizing.

His writers have now gone all-out demanding that "back-breaking toil and mind-wearying tension be left to others and electronic devices."

Nixon ought to come down to any factory and see whether automation has relieved the worker either of "back-breaking toil" or of "mind-wearying tension." A "touchy" machine does not mean a "touchy" worker.

There is no doubt, however, that Nixon's speeches do sound as if he left all "back-breaking toil and mind-wearying tension" of any serious, concrete, fundamental problem in the real crisis-torn world, to "machines and electronic devices."

Sneak Attack

It has recently been reported that Nixon has privately told his cronies that Walter Reuther is the man they want to get because he is only the front for Reuther. The White Citizens Councils and their inspired Southern Federation of Labor which is breaking away from the AFL-CIO.

The union is now pleading with—and begging—the textile owners to improve conditions, or they may not be able to prevent trouble.

Far from taking as his banner the fact that labor in the white skin cannot be free when labor in the black skin is branded, the labor bureaucracy is busy soliciting support from capital itself. Cap in hand, the union pleading with even helped him get his farm so near the school house that it stinks to high heaven. The kids who have to go to school there are always complaining about how bad it smells. There ought to be a law against anything like that.

Construction Worker Sabraton, W. Va.

There are plenty of people who know how dirty Ruby (owner of faucet factory) is. I worked for him when he was paying 46c an hour. And you really had to work, too.

That guy is buying everything around here. In Presto County he's bought a lot of land. But there was a couple workers who had bought property up there before he started to do anything around there. They were tremendous poor and were figuring on living there. But then Ruby came in and bought about all around them. He wanted to buy them out, but they wanted to keep their home where it was. It was so happened that the couple were both workers at the faucet plant. Ruby fired both of them.

Ex-Faucet Worker Sabraton, W. Va.

The strike at the faucet plant was caused by the union. The men would have stayed out until it was settled, except that they hadn't forced them back. It was a wild-cat, that's what they have to call any strike nowadays. Because the contract makes striking illegal. The union they have the right now; the made the contract, is a UMW outfit. A lot of men are convinced that the last elections were rigged, and that the CIO really got a bigger vote than was reported. Some of the UMW officials in the union election to keep the UMUI in, and there were some workers who voted more than once—the way the company told them to.

Some of the boys who weren't in on the strike—

"News & Letters" was enthusiastically received and in mass working at Faucet asked for extra copies to take to work.

Committee Member West Virginia

Automation

With these new automatic machines you're just no place if you don't have at least 15 years seniority. They didn't eliminate my job, but they eliminated jobs on grill-work. The guys working there had 20 and 25 years seniority so I got bumped. I only have 12 years.

Chrysler Worker Detroit

Technical specialists have developed many new devices and machines. This in itself is not necessarily bad. We cannot deny technology. It is simply up to us to insist that technical developments be used for our benefit.

Furthermore, we cannot pass our automation in the right direction must be active and strong. Unless we, as individuals, have some voice about the effects of technical developments, we can soon find ourselves trapped in a web of bureaucratic control which is made particularly efficient with the help of banks of modern data processing machines.

Engineer Los Angeles

The way things are going in this town you are just "too old to work at 36. If you haven't got a job and you're 30 or 35, brother, nobody's going to hire you. The only thing I can get right now is driving cab.

Unemployed Autoworker Detroit

I've heard that some people complain that the papers are just full of "grape articles". How any body could say that after reading the second issue (Oct, 21). I just don't know. When a man loses his fingers because of automation, that's no "grape".

Student West Virginia
**NEWS & LETTERS**

**Views**

**LEADERS & RANKS**

We just got a copy of the abstract that started the strike this summer. You know what those conventions are? Our union took a lawyer to figure them out.

There wasn't much talk about it. Everybody knew we weren't really getting anything, so nobody cared.

All we really got was $2 increase in union dues. We pay $5 a month now.

**Steelworker, Phib., Pa.**

Lewis just got a raise of $2 a day for the miners. The fellows I know weren't asking for any raises. What does a raise get you? Higher taxes is all I know. If I can help it, I'll never vote for $5, and your tax raises weren't a whole day's work. Most people don't have the time, everybody survived — in fact, most of them are still living.

Instead of a raise, what would have meant something to the miners is a raise for the same wages. That way they'd be putting more men to work, and everybody would live longer, and nobody would be paying the raise out in taxes.

We weren't asking for a raise, but that's what we got.

**Miner Fairmont, W. Va.**

**THIS WHITE WORLD**

I have been very troubled by the demonstrations against integration in New Haven, and elsewhere. In fact, it makes me sick with shame. I would like to know what and how we white people are supposed to do about this. I always thought if kids were left alone they would get along together — white and Negro. Is it the parents of these white children who influence them? Is it the schools? Or how much of a role do outside agitators play? I wish we could get a letter from somebody who is in on it.

One white woman in Alabama has been trying to get her foster-daughter, who is a Negro, into a formerly all-white school. She says the girl should be admitted because she has been educated in Europe and is on a "morally superior" level with her white schoolmates. I don't think this woman is intential, she is just for herself. The ones who are really going to achieve integration are the Negro kids themselves.

**White Student, N. Y.**

I met a white fellow on the bus, and we started talking about what was going on down there. He told me that the way he figured it, the reason they want to keep the coloreds in the segregated schools is because they found that when they get a little bit, they tend to go all the way. And they want to keep the coloreds uneducated, so they can keep them working for them at low wages. They have to have them for their labor down there.

**New Reader, West Virginia**

The Supreme Court made a ruling so it isn't right for a group of people to take the law into their own hands as they're doing in the South. I think the chairman of the house is a nigger. People agree with the ruling. Just because a small group doesn't agree doesn't make them right.

**Housewife, Los Angeles**

**ELECTION CAMPAIGN**

In the convention, when the chairman spoke of civil rights for the colored people, the whole audience went wild over that word. They call "freedom." Which made every Southern white want to fight. So they had to stop the question of civil rights and went on discussing the interest that they had for the farmer. And the North has taken sides with them.

**Ethel Dunbar, Detroit**

I wasn't going to vote at all because I couldn't see any difference between some candidates and Stevenson. But after Stevenson said he was in favor of stopping H-bomb tests by the U.S., I changed my mind. That one single thing is going to earn him my vote.

**Student Detroit**

**WAR & PEACE**

They've been having all those sessions in Russia, to show them our country. But they're picking the wrong class of people to choose ordinary workers and farmers to bring over here to see the really important members of the Communist Party. They ignore the ordinary people. It works. They're trying to tell us how to raise the Negroes, to see what they know about Russia? Only what the press tells us. What's the point? What does a raise about America? Or are they trying to be longer material like that really hits home.

There are lots of people in the U.S. who know that people in other countries don't like the U.S. There, in simple language, is the reason if you get a bunch of "Political Science" guys, they always try to bring you down. Nobody would argue about the facts printed in that column.

**Student, West Virginia**

Can any man today take seriously the irrationality of military training in a world where an H-bomb can wipe out the finest trained automotives?

How many believe so fully in the need for a gigantic military that they give up home and join the army? Why grab their guns and March? Or voluntarily pay more than the 75 percent of their income tax that goes for war? The big shot planners decide and tell us exactly what foreign policy we are supposed to want if we are patriotic — or whatever they call "patriotic."**

**Student Detroit**

The United States has to clean up their own back yard first. That's why we shouldn't be getting any cooperation from the countries over there in their efforts. It's not doing anything right. They think what they do over here is a secret. But the farmers we have and the people over there what's right to do, but that's not their business.

**Miner's Wife, Jeri, W. Va.**

**Notes from a Diary**

**TWO WORLDS**

LIFE magazine reviews American history

LIFE magazine, the internationally-minded, rabid, Republican, Luce publication, is busy selling the "American way of life" abroad. It is the same story in the U.S. who know that people in other countries don't like the U.S. There, in simple language, is the reason if you get a bunch of "Political Science" guys, they always try to bring you down. Nobody would argue about the facts printed in that column.

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**Miner's Wife, Jeri, W. Va.**
"DON’T WORRY ABOUT ROCK AND ROLL," 13-year-old Advises

"Prom—Some think Rock and Roll is awful and think it should be taken off radio and TV. It doesn’t bother us at all. Boys and girls go through different stages. The Rock and Roll scene is just one of them. The stage usually comes in the early teens. But as they grow older they start to enjoy it less and less. They want to get Rock and Roll. So don’t worry about it. Rock and Roll is good for your health. Your body needs the exercise. So don’t worry about it."

"SIT DOWN!"

If you’re talking a little bit in class, just tell everyone, "SIT DOWN!"

"SIT DOWN!"

"TIGHTEN UP"
LOS ANGELES—I have often said, and heard others say, that the hardest part of working is getting the job.

I went to a factory and told the foreman I was a wire and solderer. When they told me that they didn’t have a job for me, I went back there to look for another one and then in that line I said I had done many other things too.

The interviewer seemed interested and gave me a long application to fill out. Then she gave me a manual dexterity test and asked me how I would like to be a glass cutter. I said I’d like that and she gave me a written test.

**WHAT KIND OF QUESTIONS?**

I don’t see what the questions had to do with the job. Most of them were something like this: 

A “Who is your employer?” I told them I was a wire and solderer. When they said they wanted the job, I told them I was a wire and solderer. When they said they had to do with the woman who had done many other things too.

**THEY WANT EVERYTHING**

All after this I didn’t get the job. He said this job would be too monotonous to be interesting for me. Then repetitious. He said I needed something that would be more of a challenge.

**A Woman’s Viewpoint**

WEST VIRGINIA—It’s hard to budget my money each month. I spent too much for clothes and entertainment while I was at home. When my husband was getting his check, I had a job to help out. We made a list of things we had to buy and bills we had to pay. But my job was never lasted very long. As soon as they ended and I made a wage, the work again. Everything in the budget was upset and the bills got behind again.

**EVERYBODY HAS DEBTS**

Debts are something I think everybody has the worry of. And they work against me. When we get out of debt this time, I hope we never get in debt again. It does something to a person to have all the bills up until the last minute. Everything in the budget was upset and the bills got behind again.

**SHARING THE WORRIES**

When a couple are both working, the worries and bills are shared. When one of us is out of work, the worries and bills are shared by both. One should not have all the worries of the bills on one’s own shoulders.

If a husband’s income isn’t enough to live on, I don’t see any reason why he should be the one to stay at home and pitch. In so going to help with the salary. Most women today do help, but I know of some women who work all the time and make it very well. I don’t know if I didn’t work I would feel ashamed to let my husband do all the work and all the worrying. If I didn’t work I would feel ashamed to let my husband do all the work and all the worrying. If I didn’t work I would feel ashamed to let my husband do all the work and all the worrying.

**DANGER OF X-RAYS KNOWN**

It has long been known that there is considerable danger associated with the use of X-rays and radium. Those who, 40 and 50 years ago, worked as nurses with the X-ray tube, did not realize this danger and exposed their bodies — especially the hands — repeatedly to the X-rays.

Some 15 to 20 years later, cancers of the skin began to form on the hands of these physicians, causing ulcers and deformities that required multiple operations. A number of these workers ultimately died of the disease.

Nowadays, every worker in X-ray who knows he needs the protection of heavy lead gloves, lead aprons and lead screens.

**NEWER KNOWLEDGE—NEW QUESTIONS**

In the light of newer knowledge, there is a questioning now of how well protected the average patient is when being X-rayed.

Until quite recently, a fluoroscopic machine which makes use of X-rays for direct vision of tissues, was found in almost every shoe store in the United States. The whole family had a lot of fun gazing at the bones of their feet while exposing themselves unnecessarily.

Heavy doses of X-rays, or radio-activity, will destroy tissue and lesser doses will stimulate the growth of tissue. This is the explanation why exposure to X-rays will, in some instances, cure malignancies and in others help to bring it on.

X-rays can destroy normal tissues as well as cancer. That is why the dosage has to be very carefully measured over area and time. Some tissues are more sensitive and more easily injured.

**BARBARIC “JOKE”**

The Nazis, in their attempt to do away with races of people they considered inferior, directed heavy doses of X-rays or radium to the growth, may prolong and at times save life. X-rays have also been used in the management of skin and glandular disorders.

In recent times, with the splitting of the atom, it has been possible to unite radioactive elements with chemicals that may take part in the normal function of the body. These radio-isotopes, as they are called, have opened up a vast new field for recognizing and influencing the essential-chemical and physiological functions of the body.
“HEALTHY MAN HARD TO FIND”

(continued from Page 1)
cillin, better incomes and better nutrition. He was en­
couraged by the growing interest in the problems of
mental illness. He indicated that the average growth on hospital and health insur­
ance plans, and the increase in the life-span.

WHAT IS “FITNESS”? 

As we examine the facts” these points are true. But
they are not true enough because they can­
not answer why heart
disease, cancer and men­
tal illness—just to name
three—do not diminish—
strike an increasing num­
ber of people in the Unit­
ed States.

There is still no cure
in sight for the two dis­
ease that lead all others:
cancer and heart attacks.

But even as we attain success in the care of some
maladies, the diseases that involve different forms of sickness
appear. It is right, there­
fore, seriously to question
ancient diseases, entirely
in and through association
of modern times.”

In so doing, with open
eyes and mind, we soon
realize that a healthy man
is difficult to find. That is
not simply a question of
definition. He is a rare
specimen even in this pen­
cillin-stricken atmosphere.

One doesn't have to be
a physician to see all about
men who are not “at home”
with themselves. They are
gripped by instability, un­
happy, worried, fe­ar­ful,
a­nxiety and dissatis­fied. They lack that something which makes for joy in
being alive.

These symptoms de­
scribe a sickness that
has been called the “disease of modern times.”

Good health is only at­
tained through the com­
bined full use of body and
mind by each individual in
a flowing-seaworthy activ­
ity—a condition not possi­
ble for the majority of peo­
lings under existing forms of work.

To correct the defect in
living, it is necessary to
see beyond the division
between mental and manual
labor. But only in commu­
nity with others can each individual find the means to do so.

In such a community, people will obtain freedom
and exchange association
as individuals on conditions
not based on accident or
passing e­neral e­vent. Then, for the first time, there will be present the
fundamental basis on which in­
sibility is possible to attain
health for everyone.

They remembered me
well and liked the old
man, too, as a letter had
shown. Though I had planned
on a short visit this week, we
spent two hours. I am to go back
early next week to see
them again and get their names and
stories and discuss this
issue.

The man has spent
53 years in the mines
—and has escapes from Alabama to the pres­
ent.

There is more.
The same man, from Pitts­
burgh. He is also “all
for the paper.” He took
copies to try and sign
subscriptions from his
friends in Pittsburgh.

He gave me his phone
number and wants to
get together with us
on our next trip there.

He took my address
to write what happens.

(To be continued)

Detroit Editing Committee
MEETS EVERY SUNDAY EVENING
6 TO 9:00 P.M.
8907 GRAND RIVER (1 FLIGHT UP)

Our Life and Times

By Peter Mallory

While this is the surface
phenomenon of the civilizing war, de­
signed to rid themselves
of British domination, the
Greeks and Turks population is truly united in its de­
termination to rid itself of
British domination.

True to the maxim of
“divide and rule,” none
of their own liking.

The long struggle of
the Cypriots for “union with
Greece,” has led to
civil and military warfare
resulting in the death of
43 British soldiers and a
large number of guerrilla
fighters.

The assassination of
the president of Nica­
ragua, that led riots in
Bolivia; the eco­

By employing strong
arm methods, the gov­
ernments in South
Rhodesia have capitulated
to the minority of white
settlers in the territory,
against the overthrown
organized workers.

SOUTH AMERICA

While British Prime
Minister Eden is busy
promoting ideas about
the potential dangers
of Nasser, the fruits of his
own actual dictatorial

government are seen in
Rhodesia.

Seventy Africans are
under arrest. All pub­
lic assembly has been
prohibited. They are
called in from South­
ern Rhodesia, have
used tear gas, clubs
and bullets. Yet none
of those arrested are
charged with incitement to
protest or “outside agit­
ator.”

Coffee-time

Inferior coffee—but
very expensive to the
American coffee-drinker
—has led the U.S. gov­
ernment subsidy in Bra­
zil, in competition with superior and less expen­
sive African coffee. Afri­
can, Brazilian or Ameri­
can—it is the worker
who pays.

News & Letters Committee

WEST VIRGINIA —
As soon as the first new
issue of the paper ar­
ived (News & Letters,
Sept. 18), I called one of
the man's relatives he
could ever see a friend he
would come over to
see. On Saturday night he
was a Negro family I
Jeri, W. Va., to see
some other names and
stories and discuss this
issue.

As soon as I finished
supper, I went up to
Jeri, W. Va., to see
Ruby (the boss) sees
it! It turned out that
one of his relatives was
acrossing the picket
line.

The guy wouldn't
take any papers to
sell. Instead, he
thanked us, explic­itly,
which is he is going
to give to the fauce
money on his tab.

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it! It turned out that
one of his relatives was
acrossing the picket
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